

The Traditional Greek Salad



Recipe and picture taken from <https://www.olivetomato.com/>

The ingredients that go on the Greek salad are basic but they must be in season and good quality

- Extra Virgin Olive Oil: Get the best and freshest olive oil you can get your hands on
- Ripe tomatoes
- Cucumber
- Red Onion
- Green Bell Pepper
- Kalamata olives (do not use those black canned olives- California style), they have a completely different flavor and are not processed naturally.
- Greek Feta Cheese. Real feta is Greek and is **acknowledged as that by the European Commission**. Check out this **post** on how to buy good feta and what good feta should look like and taste like.
- Dry Oregano
- Red wine vinegar (optional)